



# Signs It Might Be Time to Plan Ahead

*A quick checklist to see where support might help, across our six areas of guidance.*

## Navigate Housing and Living Transitions

- Feeling unsure how long they can safely remain at home
- Considering selling their home but not knowing what comes next
- Experiencing falls, mobility changes, or home safety concerns

## Organizing the Essentials

- Struggling to keep up with bills, appointments, or paperwork
- Feeling overwhelmed by daily organizational tasks
- Lacking a reliable way to store and access key information

## Thrive in the Later Years

- Expressing fear of becoming a burden to loved ones
- Feeling isolated or losing a sense of purpose
- Wanting more engagement but not knowing where to start

## Support Health and Care

- Navigating a recent health scare or hospitalization
- Noticing memory issues or cognitive changes
- Struggling to start important conversations or manage family conflict

## Secure Legal and Financial Protection

- Holding outdated estate planning documents or none
- Growing concern about financial fraud
- Feeling uncertain whether their cash flow and assets are sufficient

## Honor Life and Legacy

- Seeking to share or capture their life story
- Clarifying final arrangements according to their wishes
- Fearing survivors won't be able to manage affairs or move forward

Recognizing some of these?

Schedule a free consultation at [yoursilverpath.com](https://yoursilverpath.com)

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